

DEPARTMENT OF THE ARMY  
U.S. ARMY MEDICAL DEPARTMENT ACTIVITY  
FORT HUACHUCA, ARIZONA 85613-7079

MEDDAC MEMORANDUM  
NO. 40-38

6 August 2006

Medical Services  
COMMUNICABLE AND PREVENTABLE DISEASE REPORTING

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- 1. History:** This issue publishes a revision of this publication.
  
- 2. Purpose:** To establish policies and procedures for the reporting of communicable diseases and preventable conditions to the Chief, Preventive Medicine Readiness and Wellness Service (PMWARS) in order to ensure timely epidemiological investigations and to institute appropriate control measures as required by Army Regulation and Arizona State Law.
  
- 3. Scope:** This memorandum applies to all health care providers and supervisors or designated RWBAHC employees at the US Army Medical Department Activity, Fort Huachuca, AZ.
  
- 4. References:**
  - 4.1** AR 40-5, Preventive Medicine
  - 4.2** AR 40-400, Patient Administration.
  - 4.3** Communicable Disease Rules, Arizona Department of Health Services, March 2005
  
- 5. Responsibilities:** Health care providers and supervisors will be responsible for reporting the diseases and conditions listed in this memorandum to PMWARS. PMWARS will then report these diseases and conditions to the appropriate Army agencies and to the Arizona Department of Health.
  
- 6. Explanation of Terms:**
  - 6.1** Case: A person who harbors a specific infectious agent, communicable disease or has a reportable condition documented either by laboratory results which confirm the presence of a disease-producing agent or by a physician's diagnosis based on clinical observation or by epidemiologic association with a communicable disease.

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\*This memo supersedes MEDDAC Memo 40-38, dated 5 March 2001

**6.2 Cold Injury:** Preventable injury in forms of frostbite, chilblain, hypothermia, immersion foot, and trench foot occurring in military and civilian personnel as a result of exposure to extreme weather.

**6.3 Food borne Illness:** Any cluster of 3 or more cases among persons from the same unit or dining facility who report to the medical treatment facility within a reasonable incubation period for the specific disease with complaints of nausea, gastric distress, vomiting, or diarrhea.

**6.4 Heat Injury:** Preventable injury in the forms of heat cramps, heat exhaustion, and heat stroke occurring in military or civilian personnel as a result of exposure to extreme weather.

**6.5 Health Care Providers:** Physicians, Physician Assistants, Nurse Practitioners, and Registered Nurses.

**6.6 Outbreak:** A sudden rise in incidence of a communicable disease - 3 or more cases within a specific period of time, according to the clinical judgment of organizational clinical staff.

**6.7 Sexually Transmitted Infection:** Newly diagnosed cases of STI found in the list of reportable conditions and communicable diseases.

## **7. Procedures:**

**7.1 Health Care Providers and Supervisors will:**

**7.1.1** Notify telephonically PMWARS (533-3536 or 5318) when the following diseases and/or conditions are suspected or confirmed:

**7.1.1.1** Food borne Illness

**7.1.1.2** Heat or Cold Injuries

**7.1.2** A consult should be sent through AHLTA to the Community Health Nurse (CHN) for diseases that have been confirmed by the laboratory or any cluster of three.

**7.1.3** Referrals through AHLTA should contain the following: diagnosed lab confirmed infection and/or disease, patient notification by provider, treatment, additional test ordered, and current phone number of patient.

**7.1.3** See Appendix A for a list of the Reporting Requirements for Health Care Providers

**7.2** The Chief, Ancillary Services will notify the Chief, Community Health Nurse (CHN) with confirmation by laboratory testing on any of the diseases listed in this memorandum.

**7.3** The Chief, CHN, in conjunction with the Medical Consultant, will:

- 7.3.1. Ensure that epidemiological data relevant to each disease is obtained and appropriate records maintained.
- 7.3.2. Coordinate with Health Center Infection Control Officer and Occupational Health when diseases are reported in staff member or patient.
- 7.3.3. Ensure appropriate control measures are implemented in a timely manner.
- 7.3.4. Report to required Army agencies through use of electronic mail or by telephone if electronic mail is not available.
- 7.3.5 Report applicable cases to the Arizona State Department of Health and Environment in accordance with state law.
- 7.3.6 Report and record the statistics on communicable diseases for Health Center statistical reports and The Army's Reportable Medical Events System (RMES).

The proponent of this publication is Preventive Medicine Wellness and Readiness Service. Users are invited to send comments and suggested improvements on DA Form 2028 directly to Preventive Medicine Wellness and Readiness Service, ATTN: MCXJ-PM, USA MEDDAC, Ft Huachuca, AZ 85613-7079.

FOR THE COMMANDER:

OFFICIAL:

GREGORY A. SWANSON  
LTC, MS  
Deputy Commander for  
Administration

Robert D. Lake  
Information Management Officer

DISTRIBUTION: B  
MCXJ-PMWARS (5)

APPENDIX A  
Reporting Requirements for Health Care Providers

Reporting Requirements for Health Care Providers	Always Report Within 24 Hours	Report An Outbreak Within 24 Hours	Report Within 24 Hours If Employed in Health or Child Care, or Food Industry	Report Within 1 Working Day	Report Within 3 Working Days
Amebiasis		x	x		x
Anthrax	x				
*Basidiobolomycosis					x
Biological warfare agent exp	x				
Botulism	x				
Brucellosis				x	
Campylobacter		x	x		x
Carbon monoxide poisoning					x
*Chancroid					x
Chemical agent exposure	x				
Chlamydia					x
Cholera			x	x	
Coccidiomycosis (valley fever)					x
Cold weather injury (all)					x
a)CWI, frostbite					x
b) CWI, hypothermia					x
c) CWI, immersion type					x
d) CWI, unspecified					x
*Colorado tick fever					x
*Conjunctivitis: acute (outbreak)		x			
*Creutzfeldt-Jakob disease					x
Cryptosporidiosis		x	x		x
Cyclospora					x
*Cysticercosis					x
Dengue fever					x
*Diarrhea, nausea, vomiting (outbreak)		x			
Diphtheria	x				
E. Coli 0157:H7	x				
Ehrlichiosis					x
*Emerging or exotic disease	x				
Encephalitis, Arboviral/tickborne				x	
Filariasis					x
Giardiasis		x	x		x
Gonorrhea					x
H. Influenzae, invasive					x
Hansen's disease (Leprosy)					x
Hantavirus infection					x
Heat Injuries					x
a) Heat exhaustion					x
b) Heat stroke					x
*Hemolytic uremic syndrome	x				
Hemorrhagic fever	x				

Hepatitis A		x	x		x
Hepatitis B					x
Hepatitis C					x
*Hepatitis D					x
*Hepatitis E		x	x		x
*Herpes genitalis (initial case)					x
*HIV infection and related disease					x
Influenza		x			x
Kawasaki syndrome					x
Lead poisoning					x
Legionellosis					x
Leishmaniasis (all)					x
a) Leish, cutaneous					x
b) Leish, mucocutaneous					x
c) Leish, visceral					x
d) Leish, unspecified					x
Leptospirosis					x
Listeria	x				
Lyme disease					x
*Lymphocytic choriomeningitis					x
Malaria (all)					x
a) Malaria, vivax					x
b) Malaria, falciparum					x
c) Malaria, malariae					x
d) Malaria, ovale					x
e) Malaria, unspecified					x
Measles	x				
Meningococcal disease	x				
a) Meningitis	x				
b) Septicemia	x				
Mumps				x	
Pertussis (whooping cough)	x				
Plague	x				
Poliomyelitis	x				
*Psittacosis (ornithosis)					x
Q fever				x	
Rabies, human	x				
Relapsing fever (borreliosis)					x
*Reye syndrome					x
Rheumatic fever, acute					x
Rift Valley Fever	x				
Rocky Mountain Spotted Fever					x
Rubella			x	x	
Salmonellosis		x	x		x
*Scabies (suspected outbreak)		x			
Schistosomiasis					x
Severe acute resp synd (SARS)	x				
Shigellosis		x	x		x
Smallpox	x				
Streptococcus, group A, invasive					x
*Streptococcus, group B, infant<90 days					x
*Streptococcus pneumoniae					x
Syphilis, (all)					x

a) Syphilis, primary/secondary					x
b) Syphilis, latent					x
c) Syphilis, tertiary					x
d) Syphilis, congenital					x
*Taeniasis		x	x		x
Tetanus					x
Toxic Shock Syndrome					x
Trichinosis					x
Trypanosomiasis					x
Tuberculosis (TB), pulmonary				x	
*TB infection, child<6yr PPD new pos					x
Tularemia	x				
Typhoid fever	x				
Typhus				x	
*Unexplained death w/history of fever	x				
Urethritis, non-gonococcal					x
Vaccine, adverse event				x	
*Vancomycin					
a) resistant Enterococcus spp					x
b) resistant/intermed suscep S. Aur	x				
c) resistant Staph epidermidis	x				
Varicella (only AD reported to Army)					
*Varicella (all cases reported to county)					x
*Vibrio infection		x	x		x
West Nile virus	x				
Yellow fever	x				
*Yersiniosis		x	x		x