

Welcome to Raymond W. Bliss Army Health Center

Dear Medical Company Soldier and Family Members,

Welcome to your new Army home! We are excited that you are here and look forward to working with you to make your time in this unit a productive, enjoyable experience.

The Medical Company's Family Readiness Group is active, working to support our Soldiers and families. This FRG exists to:

- Provide accurate and current **communication** between unit and families,
- Plan opportunities for **education** on the Army life, this unit, and our mission, and
- Promote self-reliance in **preparation** for separation from our Soldiers, whether to a CTC, a field training exercise, or operational deployment.

Our FRG focuses on **accurate and current communication**. You will receive access to our monthly "Thunder Mountain Medic" newsletter that contains current information about our unit, Fort Huachuca, as well as surrounding community events. With your permission, we will add you to our unit phone tree, where others in the unit will have access to your phone number and email address. Please ensure that we have your correct information on file. If you change addresses or phone numbers, please be sure that we are informed so that we can make the corrections.

We have **FRG Meeting's** quarterly in the METS 2 Classroom on the basement floor of RWBAHC. You are always welcome and encouraged to attend! The meetings last no more than one hour and focus on important information, events, and activities happening in our unit and around Fort Huachuca. After the informational part of the meeting, we have a time of visiting and eating. We will participate in a different potluck-style meal each month. Children are welcome as we also provide activities and crafts during the meetings for them. Watch for your monthly newsletter for details on upcoming meetings.

The RWBAHC Family Readiness Group also participates in **fundraising**. We will use these funds to provide welcome packets for new families, baby gifts, wedding gifts, and additional events as needed. Additionally, funds go toward social events like the Fall Harvest held in October, Holiday Party in December, Organization Day in June, and more. If you are interested in participating in any of these activities, we welcome your involvement!

Essentially, the FRG strives to **resource the Soldiers and families** of this unit. If you have any questions about the MEDDAC, Fort Huachuca, or Sierra Vista, your Point of Contact on your phone tree is a great resource. You are also welcome to contact your FRG Coordinator or myself for information as well. We will be able to point you in the right direction.

We welcome you to the "Home of the Buffalo Soldier" at Fort Huachuca, Arizona and to your new Family here with the Medical Company!

Thunder Mountain Medics!

Serena T. Mukai
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Med Company Commander

Adam P. Fuller
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Med Company FRG Coordinator